

## **How your learning experience may change due to COVID-19**

As we get closer to the beginning of the 2020/21 academic year, we are looking forward to welcoming both new and returning students to our learning community.

Studying at UCNL is going to be different this academic year because of the coronavirus pandemic and naturally you will want to know what to expect. The information below provides details about what we are committing to deliver in the current climate, how we will achieve this, and further changes we might need to make in response to changing Government and Public Health guidelines.

Your safety is, and always will be our number one priority, so we have introduced further sanitising stations and increased cleaning across the campus. We have also changed our timetables, reduced class sizes and staggered start and end times. Additionally, we have introduced one-way systems to support social distancing. Campus lifts are now limited to one person only and can now only be used by people unable to use the stairs.

Historically, we would hold sessions with up to 60 students in the Chambers Lecture Theatre, but to keep everyone safe there will be no large lectures this year. Instead, where possible and whenever it is safe to do so, you will learn with small groups of students in workshops, seminars, face to face, laboratory and fieldwork sessions.

We will be delivering our courses using a blended style that mixes face to face teaching with online learning experiences. This means students enjoy the best of both worlds, so whatever the situation is going forward we can keep you safe, provide you with a quality education and adapt to the latest government advice.

We recognise it is going to be a unique and challenging start to the new academic year, but we are here for you. Staff are available online through a variety of platforms and as guidance changes, we will keep you informed every step of the way.

### **Delivery in the event of a further lockdown**

We have worked hard to ensure our programmes can be delivered flexibly, meaning that should there be a further national or local lockdown during the academic year, effective and quality assured delivery of your programme will continue.

### **What to do if you are required to self-isolate**

If you are required to self-isolate or shield, you should let your programme leader or academic advocate know as soon as possible. They will be able to provide support and the options available regarding the continued delivery of your programme.

### **Other options available**

We will make all reasonable efforts to fulfil our contract with you by continuing to deliver our programmes, either online or as blended learning. We understand that not all students may be comfortable with the changes we have had to make. If you have any concerns, please do not hesitate to contact us to discuss your options, which may include deferring your studies for a year, transferring to another programme, transferring to another institution or withdrawing from your programme

## Offer holders/Current students

We hope this information helps you make an informed decision about your future study and whether you; want to start your programme of study and accept these adjustments, would prefer to defer until we can deliver the course as originally advertised or would like to choose a different course or provider.

If you have any queries or concerns, please do not hesitate to get in contact with your programme leader to discuss the options available to you.

## COVID 19 Mitigation Overview

<b>Programme Name(s):</b>	FdSc Sport, Exercise and Coaching Science BSc Sport, Exercise and Coaching Science
<b>Programme Content</b>	<p>The content of the programme remains unchanged. Programme and learning outcomes remain the same. At present, modules with a work placement element will be delivered as normal, due to them taking place within the third trimester of the academic year. This will be monitored throughout the academic year.</p> <p>The team hope that the level two gym fitness instructor qualification will be delivered as normal at the end of the 2020-21 academic year. Should the delivery be affected by the Covid-19 pandemic, then students will be given another opportunity to complete the qualification at a more suitable and safer time.</p>
<b>Programme Structure</b>	There has been no reduction or change to available modules.
<b>Programme Delivery</b>	<p>We will be delivering our courses using a blended style that mixes face to face teaching with online learning experiences. This means students enjoy the best of both worlds, so whatever the situation is going forward we can keep you safe, provide you with a quality education and adapt to the latest government advice.</p> <p>As things change so will your learning. You will start with more online study supported by innovative teaching practices, but we hope that we will be able to move to a more interactive face to face learning experience in small student groups as quickly as possible, whilst following government guidelines.</p> <p>You will also learn through online content and lectures via our Virtual Learning Environment (VLE), Moodle.</p> <p>Online and on campus you will stay in regular contact with your lecturers. In addition, we have an academic support team who offer support with for example study skills and DSA applications. Again, these will be online initially, moving to a more blended approach to suit you as we can introduce more face to face meetings.</p> <p>You will have timetabled activity and directed learning clearly communicated to you via Moodle.</p>

	<p>All teaching that would usually have taken place on campus, can be delivered effectively online.</p> <p>The overall balance between teaching and independent study remains broadly the same as when the programme was validated.</p> <p>For the 2020-21 academic year, the FdSc programme will be delivered across three, ten-week trimesters and the BSc programme over two, fifteen-week semesters. All years will engage with online material before following up with face-to-face sessions for each module. There will be approximately 3 hours of face-to-face delivery with UCNL staff per week.</p>
<b>Programme duration</b>	<p>We do not anticipate any material change to the length of time it will take students to complete their programme.</p>
<b>Assessment Strategy</b>	<p>The team intend to deliver practical-based elements of the programme as usual and formative and summative assessments will take place for the respective modules. These aspects of the programme will be delivered to small groups, held outdoors where possible and have been moved to the second and third trimesters. Here, the level four Fundamentals of Physiology and level five Applied Physiology modules will be delivered in the second trimester and so will commence on the 7<sup>th</sup> December.</p> <p>Summative assessments for these modules will not take place until January/February 2021 and will be held with detailed risk assessments and Covid-19 measures in place, such as individual PPE equipment being mandatory, social distancing in place and thorough cleaning in between assessments. For both of these modules (and also the level four Introduction to Sport and Exercise Nutrition module), the exam assessment will move to an online format where students will be allocated an extra 30 minutes to download and submit their work.</p> <p>The level four Coaching in Context, level five Coaching and Athlete Development and level six Strength and Conditioning modules all include an assessment that requires students to deliver a practical coaching session to peers/athletes. Again, these modules and respective assessments will be delivered as usual and will adhere to necessary Covid-19 measures. These sessions/assessments will be delivered to small groups, held outdoors and in the third trimester/second semester.</p> <p>The level four Employability in Sport and Exercise and level five Work-based Learning modules both include placement elements with the usual requirement for students to gain 40 hours and 80 hours respectively. To support students with this element of the programme, students will be expected to gain a reduced amount of hours; 25 hours at level four and 50 hours at level five. While</p>

	<p>these modules will be delivered in the third trimester, students will be encouraged to gain placement hours throughout the academic year. The team view these placement hours as an excellent opportunity for students to boost their CV and hope to keep these as a requirement for the module. The team will closely monitor the COVID-19 situation and availability of placement opportunities throughout the academic year and if local placement providers refuse to take volunteers on will seek to make necessary amendments to the module to address this if necessary.</p> <p>The first assessment for the level four Employability in Sport and Exercise module requires students to complete an application form for a hypothetical employment position and attend a mock interview. For the 2020-21 academic year, students will complete a cover letter and then attend a mock interview for a hypothetical employment position via Microsoft Teams.</p> <p>As part of the level four Introduction to Coaching Pedagogy module, students are usually expected to create an instructional video in groups of three or four. Due to the enforced lockdown, students will now be unable to capture any video footage and so the assessment will change to a group presentation that they will record audio over and upload.</p> <p>As part of the level six Applied Sport, Health and Exercise Psychology module, students are required to deliver an intervention to their case study client. For the 2020-21 academic year, students will be given the option whether this takes place face-to-face or online via Microsoft Teams.</p> <p>*Subject to Awarding Institution Approval</p>
<b>Programme Title or Award</b>	There is no change to the programme title or the award that students will receive upon successful completion.
<b>Professional Accreditation</b>	n/a
<b>Location of delivery</b>	<p>Delivery will be subject to national and local restrictions and we will carefully follow relevant Government and public health guidance.</p> <p>You will learn through a blend of online and on campus small group teaching, while receiving support from Programme Teams and the Student Support Team.</p> <p>The programme will continue to be delivered at both UCNL and the North Lindsey College Kingsway campus for the 2020/21 academic year.</p>
<b>Additional Costs</b>	Your programme will be delivered through a blended learning approach and will include online teaching and learning. If you do not have IT equipment (Laptop with webcam), we recommend you include this as part of your study budget.

	<p>Your tuition fees will cover most costs associated with your programme (registration, tuition, assessment and examination). Any other extra costs should be considered including printing and ownership of textbooks (Copies of key reading materials are available to borrow from the UCNL library.)</p>
<b>Entry Requirements</b>	<p>There will be no changes to the published entry requirements for 2020/21</p>